

Recovery Path

Upon evaluation and admission, the Recovery Path that's right for your level of functioning will be determined. Your individualized path may include one of the following:

Mood & Memory Path

provides education, social interaction, one-to-one counseling and therapeutic activities.

Behavior Intervention

offers supportive care, behavioral modification and therapeutic activities appropriate for patients with impaired cognitive function.

Therapeutic Rehabilitation

Activities are designed to meet the abilities of each individual while improving/maintaining functioning and developing life-learning skills through shared motion and expression. Our groups foster positive thinking, promote self-esteem and increase social interaction. Our activities include:

- Tai Chi*
- Music*
- Expressive Art*
- Social Gatherings*
- Discussion & Intergenerational Groups*
- Meditation & Sensory Techniques*
- Pastoral Care*
- Animal Assisted Program*
- Enrichment*

Evaluation & Admission

The dedicated and professional members of the Evaluation and Admission Team are here to assist you in determining the appropriate care for you, your loved one, or your referral. We understand that you need information quickly. With this in mind, our Evaluation and Admission office is open from 9:00am-12:00 midnight, seven days a week for all inquiries. However, we are not an emergency room and all patients will be scheduled for admission by appointment. Please note that insurance information can only be verified Monday-Friday, from 9:00am-5:00pm.

Our Evaluation and Admission Team will need to secure information when you contact our office. In order to assist you in a timely manner, please have the patient name, address, telephone number, brief description on need for services and insurance information available.

Visiting Hours

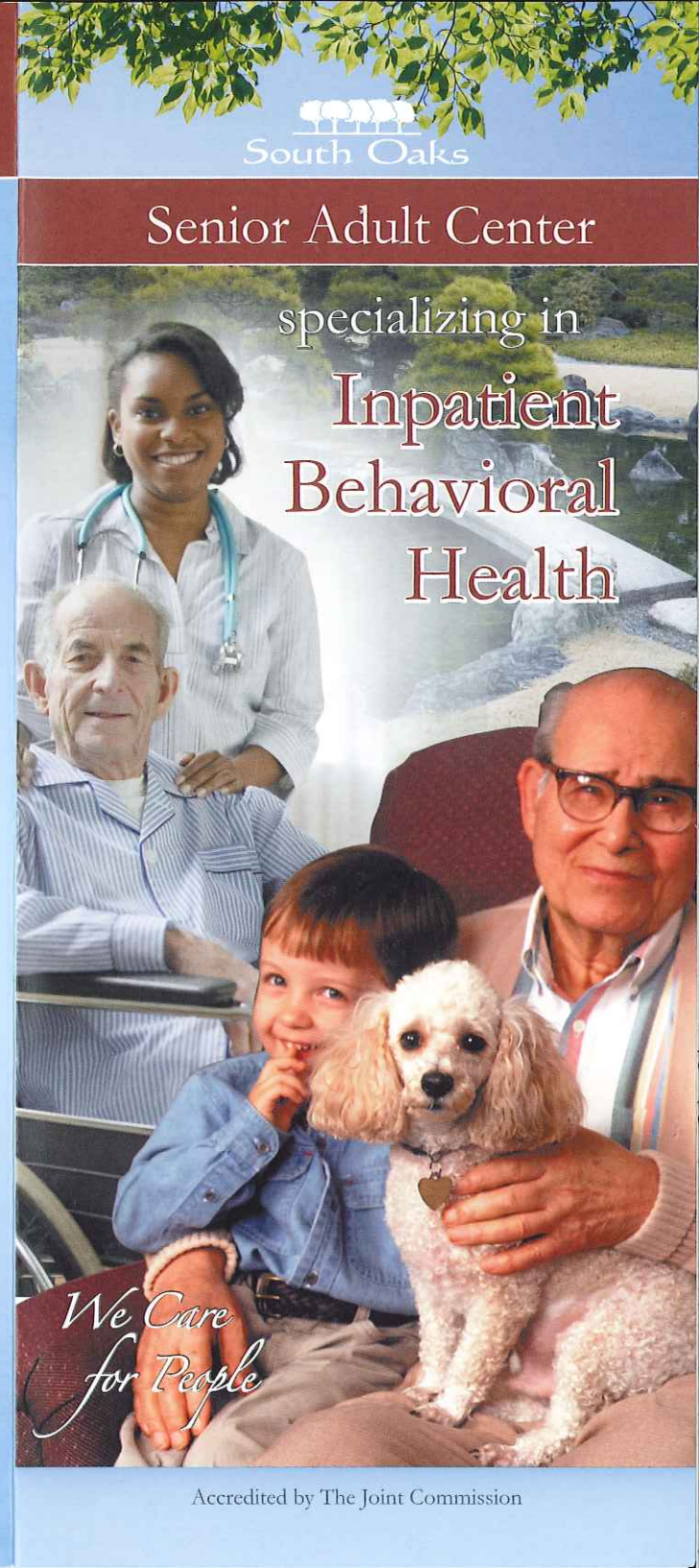
Our patients are delighted to meet with their visitors between the hours of 1:30pm-3:00pm and 6:30pm-7:30pm.

Special visitation arrangements will be considered.



Evaluation & Admission Team can be reached at 631-608-5610

For all other inquiries, please contact 631-264-4000
400 Sunrise Highway • Amityville, NY 11701
www.south-oaks.org



South Oaks

Senior Adult Center

specializing in
Inpatient Behavioral Health

Accredited by The Joint Commission

Our Goal

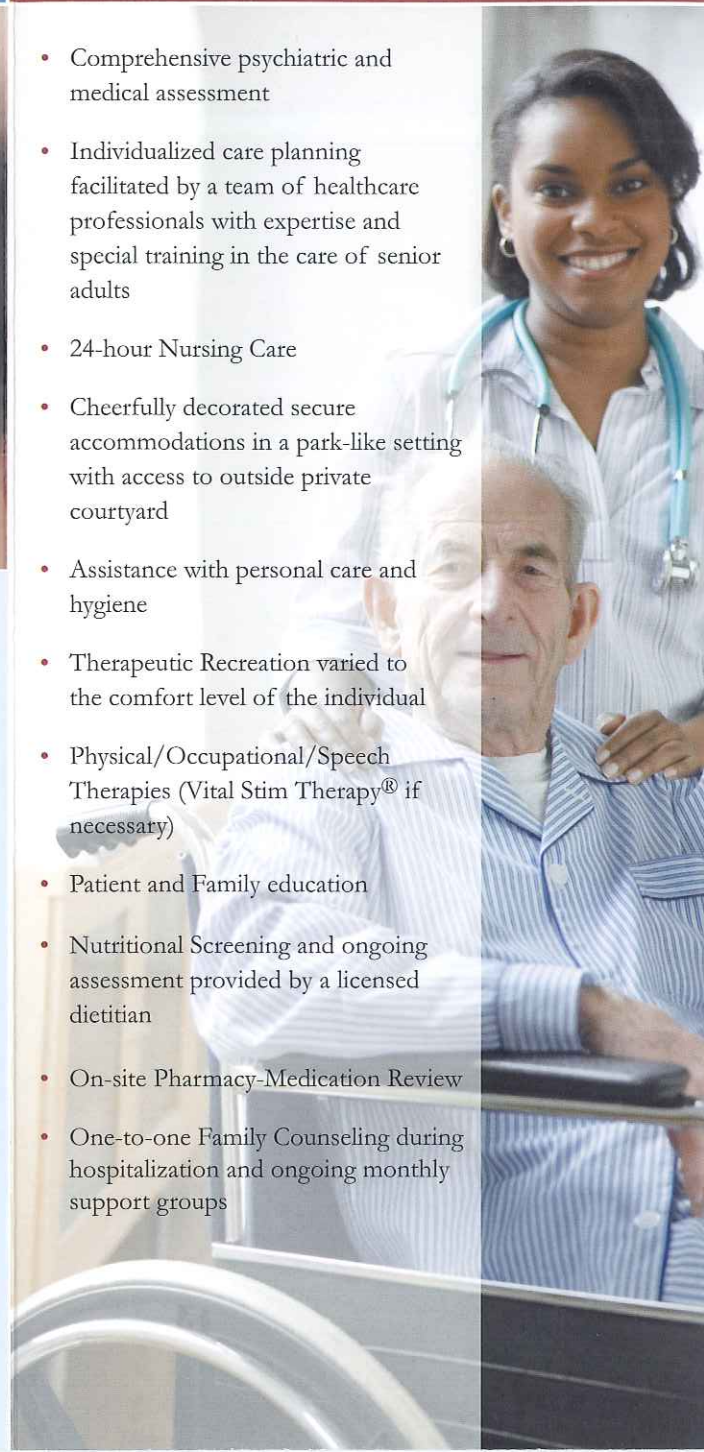


The Senior Adult Behavioral Health Service at South Oaks Hospital provides acute psychiatric inpatient treatment for senior adults. Our goal of treatment is to assist patients to return to their highest level of functioning and discharge to the appropriate setting. The expertise of our multidisciplinary staff is recognized for identifying, treating, and maximizing each individual's potential. Case coordinators collaborate with patients and their families in discharge planning. Patients returning home are linked to a variety of community services. Individuals not returning to the community will be assisted with placement options i.e. adult homes, assisted living facilities and nursing homes.

*We
Care
for
People*

Our Services

- Comprehensive psychiatric and medical assessment
- Individualized care planning facilitated by a team of healthcare professionals with expertise and special training in the care of senior adults
- 24-hour Nursing Care
- Cheerfully decorated secure accommodations in a park-like setting with access to outside private courtyard
- Assistance with personal care and hygiene
- Therapeutic Recreation varied to the comfort level of the individual
- Physical/Occupational/Speech Therapies (Vital Stim Therapy® if necessary)
- Patient and Family education
- Nutritional Screening and ongoing assessment provided by a licensed dietitian
- On-site Pharmacy-Medication Review
- One-to-one Family Counseling during hospitalization and ongoing monthly support groups



Your Wellness

Our Reward

There are times senior adults may experience anxiety, depression, mood and memory disorders, psychotic disorders and changes in behavior. These changes can adversely impact quality of life. Our ability and experience in developing an individualized multi-disciplinary treatment plan, fostering self-esteem and optimal wellness is well recognized.

We believe the success of our continuum of care for older adults is a direct result of our philosophy of making sure patients and families come first.

Our "We Care For People" mission not only reflects our experience and expertise but the manner in which we deliver our services. We look to partner with patients and families to further the understanding and management of mental illness, emotional problems and behavioral challenges. Our patient-centered care is mindful of a holistic approach to healing and maintaining wellness.

*We
value the
"body,
mind,
spirit
connection!"*

